

## **ESSEX WAY STAGE 5 - CRESSING to GREAT TEY (9.4 miles)**

### **START - CRESSING CHURCH (Map Ref: TL 795204)**

#### **Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate**

- 1** From FPS, follow TK 200M (church on **L**) to **X** earth bridge. CONT 200M in same direction & pass under power lines (twin poles on **L**).  
CONT 150M on TK as it bears **R** to WM (by white 'DOGS ON LEAD' sign).  
CONT ahead 40M on field edge TK to WM.  
**TL** and follow broad grass TK 100M to WM.  
CONT ahead 200M on gravel TK (becoming cement), passing pond on your **L**, to RD.
- 2** **TR** and follow RD 250M (**carefully**) & **X** RD to FPS on **L**.  
**TL** and CONT ahead 60M on broad grass TK to field.  
**TL** (WM) and CONT on TK (hedge on **L**) to edge of field and **TR** (WM) THRU gap ahead.  
CONT 300M on field edge (hedge on **R**) to 2<sup>nd</sup> WM.  
**TL** and **X** field 250M aiming for WM at **R** end of hedge opposite.
- 3** **TR** at WM for 200M on field edge (ditch on **L**) to WM at gap in hedge.  
CONT ahead 100M (hedge on **L**) to WM directly under power lines. **TL** THRU gap.  
CONT ahead 300M on field edge (hedge, later ditch, on **R**) to TK junction & WM.  
**TR** & CONT 200M (ditch on **L**) to corner of woods. CONT ahead 250M to lane.
- 4** **X** lane and **TL** for 15M to FPS.  
**TR** to follow narrow enclosed TK (eventually with fence on **R**) for 150M & pass **THRU** wooden barrier. **X** quarry RD **CAREFULLY** & pass **THRU** another wooden barrier.  
CONT straight ahead 80M to WM (by twin power poles).  
CONT ahead 250M on wide TK to go under power lines & **R** of gate to FPS at RD.
- 5** **TR** uphill on RD 250M to FPS on **R** (at sharp **R** RD bend). **TL** onto wide TK.  
Follow TK 70M (hedge on **L**) to WM.  
**TR** & follow TK along field edge with wire fence on your **L**. At end of fence **CONT** ahead to Left hand field corner. (**3 miles**)
- 6** Go **L** of quarry fence 300M to WM at end of fence. **X** RD diagonally to power pole.  
**TR** to follow grass TK 200M (wire fence on **R**) to WM ('DOGS ON LEAD' sign).  
**TL** & CONT 200M (hedge/ditch then wooden fence on **R**) to WM at TK junction.  
**TR** and follow TK 100M to WM at next fence corner.  
**TL** on wide TK for 1600M. Pass buildings & reach RD at **Coggeshall**.

- 7 **X RD** to FPS. **CONT** ahead 400M down **ABBEY LANE** to FPS just past church. At '**Abbey Only**' sign **CONT** straight ahead 150M, between buildings, & **X** bridge. **CONT** 60M to **WM** (on **L**). **TL** between **ST** and electric fence. **CONT** 250M up **L** edge of field (hedge/ditch on **L**) to concrete lane, **WM** & **ST**. **X ST** & **CONT** ahead 200M, on **L** edge of field. **THRU KG** and **CONT** 100M (same direction) to wooden gate & FPS by **RD**. **X RD** (**CAREFULLY**) and **TL**.
- 8 **CONT** 60M to narrow gate (on **R**) at end of low wall/hedge. **TR** 130M up field keeping hedge close on your **R**) to **WM**. **CONT** ahead on path 200M to **RD**. **TR** 130M to roundabout. **TR** 200M to bottom of hill. **X RD** & **TL THRU** wooden gate.
- 9 **CONT** 100M on narrow **TK** to field. Ahead 80M **X** field to **WM**. **CONT** ahead 200M on **TK** (hedge on **L**) to FPS. Climb steps to **RD** (**A120**). **X RD** (**GREAT CARE**) slightly **Lish** to go down steps nearly opposite & **X ST**.
- 10 **CONT** ahead 300M on field edge (ditch on **L**) to **TK** junction just after leaving field. **CONT** straight ahead 600M on **TK** (ditch/hedge on **L**), to leave field by gap at **L** end of hedge, to **TK** junction. **TL** 15M to **WM**. **TR** and follow field edge 200M (ditch on **R**) at end bear **R** to FPS and lane. (**7 miles**)
- 11 **X** lane, **TR** for 20M & **TL** at **WM** onto **TK**. **CONT** 200M on grass **TK** (reservoir bank on **L**) to **WM** just round bend. **CONT** ahead 200M same direction (hedge/ditch on **L**) 'til **TK** switches to **L** of hedge. **CONT** 200M (hedge on **R** now) to **WM** and **TK** switches hedge sides again. **CONT** 300M (hedge on **L** again) to FPS by lane.
- 12 **TR** on lane for 100M to FPS (hidden!!) on **L** (past cream house). **TL** for 80M on wide enclosed **TK** to field. Follow field edge 450M (hedge on **L**) to **WM** at **TK** junction. **TL** & **CONT** 40M (hedge on **R**) to **WM** on **R**. **TR** and **CONT** 500M (hedge/ditch on **L**) to field corner & **X** wooden **FB** directly ahead of you. **CONT** 40M (hedge on **L**) & **X FB** on **L** (with metal handrail) to **WM**.
- 13 **TR** & **CONT** 200M (ditch on **R**), as field bears **L** then **R** to **WM**. **TL** at **WM** & follow wire fence 200M to **WM** & **FB**. **X FB** & **TR** (church ahead). **CONT** 200M (hedge/ditch on **R**) then **X** field to **FB**. **X FB**. **CONT** 200M, on narrow enclosed **TK**, (**MIND LOW BRANCHES**) passing sewage works & emerge at field.
- 14 **CONT** 150M ahead (towards church), following power lines, to concrete lane. **X** lane to narrow enclosed **TK** opposite. **CONT** 100M bearing **R** at path junction to **WM** just before field. **CONT** 100M up **L** edge of field to \*finish at wooden gate.

\* Map Ref: TL 892258