






# Thurrock 100 2016 Walk 7

Sunday 10 July 10 am One Tree Hill, Lower Car Park SS17 9NH (7 miles Includes Walk 6)

Accessibility key:- This information is supplied in good faith but the ultimate responsibility for personal safety lies with the individual participant

-  Easy paved or tarmac paths but some road crossings may not have dropped kerbs
-  Unpaved paths such as grass or gravel, some kerbs.
-  Rough ground, steps, stiles etc Not suitable for wheelchairs.

